

CAST
Take Part

Magical Journeys

A fun creative activity that will take you on a magical journey to a world of your creation!

What you'll Need

- Pen or pencil, and a piece of paper
- The voice recording to accompany this worksheet or someone to read to you

Step 1

Take a moment to think about where you are right now:

- What can you see?
(furniture? Nature? People? Things?)
- What can you hear?
(Birds? Televisions? Talking? Music?)
- How does it make you feel?
(Comfortable? Warm? Safe?)
- Are there any smells?
(Nice smells like soap or food? Any not-very-nice smells?)

Step 2

- Make a big list of all of the things from Step 1
- Write them down, draw them or just think them.

Step 3

- Now time to use your imagination.
- Listen to this extract with your eyes closed. You could either ask someone to read it to you, or play the voice recording that goes with this worksheet:
“Bang! You have just woken up! A strange noise in your room, has made you sit bolt upright. You turn on your bedside lamp and look around... all seems norma... but wait... what is that next to the wardrobe? An extra door? A door you have never seen before! You jump out of bed and go to the door. It’s made of cool, hard wood. Coming from the cracks in-between the wood there seems to a firey red light slipping through. You reach out. You touch the brass handle which is warm to the touch and vibrates gently under your fingers. You slowly turn the handle, you push the door open. You step through, what do you see?”
- What do you see? You are somewhere entirely different to your bedroom, your home.

Step 4

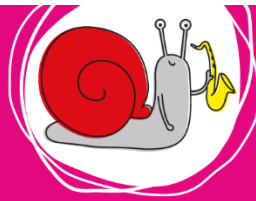
Now Invent your own magical world! Either answer these questions to the person who has been reading to you, or write a list:

- Where are you now? What can you see, hear, feel, smell?
- Is it a weird place, a wonderful place, a scary place?
- What is the temperature?
- How does the ground feel?
- Are you alone?
- Describe the new world you have discovered

Using this new world as inspiration, you can now do one or all of the following:

- Draw a picture of the world you have stepped into.
- Write a story about your adventure there.
- Make a video of you going through the magic door and appearing there.
- Imagine you work for the tourism board of this magical world... you could create a poster or advert to advertise it to perspective holiday makers! Even if it’s a really dangerous world! “Come see our giant man-eating spiders, even if you can’t run fast enough, it’ll be a memory of a lifetime!”. Have fun!

We’d love to hear about the brilliant ideas and creations that you come up with, please send anything that you’d like to share to participation@castindoncaster.com.



Name of activity here



Aim:

Outline a brief description of the activity

Method:

Outline a clear set of instructions/steps

Results

Include a photo of what the results are (photo/poem etc)

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Little Lights/Bright Lights

Name of activity here

Aim:

Outline a brief description of the activity

Method:

Outline a clear set of instructions/steps

Results

Include a photo of what the results are (photo/poem etc)

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Spots and Floods

Name of activity here

Aim:

Outline a brief description of the activity

Method:

Outline a clear set of instructions/steps

Results

Include a photo of what the results are (photo/poem etc)